

**RESOLUTION NO. 07-109  
CITY OF LIBERTY LAKE  
SPOKANE COUNTY, WASHINGTON**

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF LIBERTY LAKE,  
WASHINGTON ESTABLISHING A CITY WELLNESS PROGRAM AND  
IMPLEMENTATION POLICIES.**

WHEREAS, the City Council of the City of Liberty Lake recognizes that employee health is related to lifestyle decisions and many illness and injuries can be prevented by positive individual health practices; and

WHEREAS, the City Council of the City of Liberty Lake further recognizes that improvements to employee health, achievable through active workplace health promotion programs and activities, can result in better morale, reduce absenteeism, and enhance productivity and performance; and

WHEREAS, the City Council wishes to implement a City Employee Wellness Program aimed at preventing illnesses and injuries and promoting better morale, reduced absenteeism, and enhanced productivity and performance among City employees.

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF LIBERTY LAKE, WASHINGTON, DOES RESOLVE AS FOLLOWS:

Section 1. ADOPTION AND PURPOSE STATEMENT. The City of Liberty Lake hereby adopts a City Employee Wellness Program. The purpose of the City Employee Wellness Program is to develop, promote, and carry out those policies, programs, and activities that improve the health and well-being of City employees, contribute to a healthful work environment, and provide employees with sufficient information to make informed lifestyle decisions.

Section 2. VOLUNTARY PARTICIPATION. Any participation in the programs and activities of the City Employee Wellness Program will be strictly on a voluntary basis.

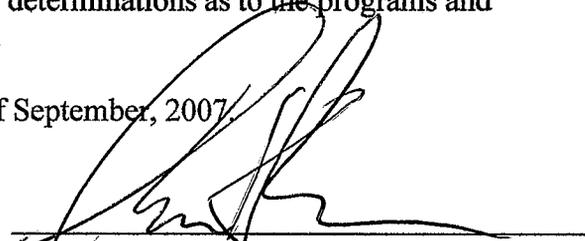
Section 3. PROGRAM COORDINATOR. In order to ensure coordination within the City Employee Wellness Program, a Program Coordinator is necessary and, therefore, the Deputy City Clerk will serve in that capacity. As program coordinator, the Deputy City Clerk will direct the City Wellness Team which shall be comprised of a volunteer representative from each City department.

Section 4. CITY WELLNESS TEAM. Initially, each Department head is requested to notify the Program Coordinator of the voluntary department representative who will serve as a member of the City Wellness Team.

Section 5. MEETINGS. To promote active participation in the City Employee Wellness Program, the Program Coordinator will schedule a regular monthly meeting of the City Wellness Team. At this monthly meeting, the City Wellness Team may plan programs and activities, perform evaluations of ongoing programs and activities, provide departmental employee input and prepare an annual budget for presentation to the City Council for program support.

Section 6. PROGRAM SUPPORT. The City Council, through their annual review of the City's Wellness Team's Proposals and Adoption of the Team's annual budget requests as presented or as amended, will oversee and make all determinations as to the programs and activities for the City Employee Wellness Program.

Passed by the City Council this 18<sup>th</sup> day of September, 2007.



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Steve Peterson, Mayor  
City of Liberty Lake

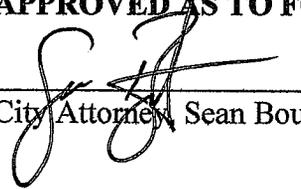
**ATTEST:**



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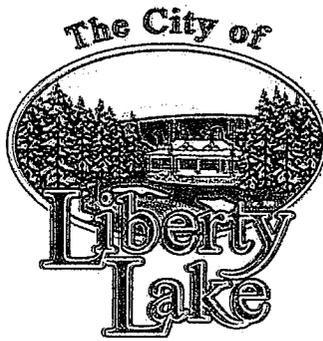
City Clerk, Arlene Fisher

**APPROVED AS TO FORM:**



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City Attorney, Sean Boutz



## **CITY OF LIBERTY LAKE'S WELLNESS MISSION STATEMENT**

The wellness program of the City of Liberty Lake is voluntary. It is structured to promote healthy lifestyle decisions and prevent illnesses and injuries with positive health practices that improve employee health, provide active workplace health promotion programs and activities resulting in better morale, reduced absenteeism and enhanced productivity and performance.